My Health, My Care: 24/7 Online Access to VA

## Tools designed for you

**Secure Messaging**
Communicate non-urgent concerns or questions to your VA health care team.

**VA Prescription Refills**
Refill your VA medication(s) with just a few easy keystrokes and your medication(s) will be on their way to your mailing address.

**VA Appointments**
View detailed information about your VA clinic appointments.

**VA Notes**
View a copy of your **VA Notes** recorded during a clinic visit or hospital stay. This information comes from your official VA health record.

**Medical Libraries**
My Health*e*Vet provides two extensive, online medical libraries: MedlinePlus and the Veterans Health Library. Both can be accessed under the Research Health tab.

**Military Health History/Military Service Information**
Enter and track all of your military health information, plus access your DoD Military Service Information (if eligible).

**VA Blue Button**
View, print or download your personal health information with VA Blue Button.

Blue Button Download My Data®

**My Health*e*Vet:**
www.myhealth.va.gov

**VA Main Website:**
www.va.gov

Scan this QR code to learn more.

My Health*e*Vet Help Desk
Toll Free Telephone Number:
1-877-327-0022
(Monday through Friday, 6:00 a.m. – 7:00 p.m. CST)

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For more information, contact a local My Health*e*Vet Coordinator.
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My healthevet
www.myhealth.va.gov

# Your VA Personal Health Record:

## Take Control of Your Health and Wellness

# What is My HealtheVet?

My Health*e*Vet is VA's Personal Health Record. Its web-based resources and tools offer you greater control over your care and wellness. Using My Health*e*Vet can empower you to make informed decisions and become an active partner in your health care.

## What can you do?

1. Use VA Blue Button to print, save or download your personal health information
2. If you are a Veteran who uses the VA health care system, you can access portions of your VA health records online, 24/7
3. Refill your VA prescription(s)
4. View your VA Appointments and Lab results at your convenience
5. Use Secure Messaging to communicate non-urgent matters with your health care team
6. **Access many more features, tools and resources** by going to My Health*e*Vet at www.myhealth.va.gov

**Register at www.myhealth.va.gov and become an active partner in your health care.**

## Start here

**1** Type www.myhealth.va.gov in the address bar on your web browser, and then press Enter. This takes you to VA's My HealtheVet website.

**2** On the right-hand side, select the Register Today button.

**3** Enter your information on the registration page. Read and accept the Terms & Conditions and the Privacy Policy for using the My HealtheVet website.

**4** Log into your My HealtheVet account and create your Personal Health Record. That's it!

Specific features in My Health*e*Vet are available to you based on your account type.

Users with a Basic account are able to view their self-entered information. If you are a VA patient, you can upgrade your account to Advanced or Premium*. These account types allow you to refill your VA prescriptions online and view parts of your VA health record.

* With an upgraded Premium account, you can access all that My Health*e*Vet has to offer and will be the first to use new features. Ask about Authentication, in-person or online, at your local VA facility today!

## Log on

**Your health care team can't be with you all the time.** My Health*e*Vet provides you trusted health and benefits information 24/7. Having this information at your fingertips, when you need it, can help you make informed decisions about your overall health and wellness.

My Health*e*Vet offers a wealth of unique features such as:

- Your Military Service Information (if eligible)
- The ability to communicate, online, with your VA health care team through Secure Messaging
- The option to share your personal health information via VA Blue Button
- The opportunity to read your health care team's notes from appointments and hospital stays with VA OpenNotes

PLUS… many other features available at your convenience!

**Bookmark www. myhealth.va.gov as a favorite.**